

New WIC

Food



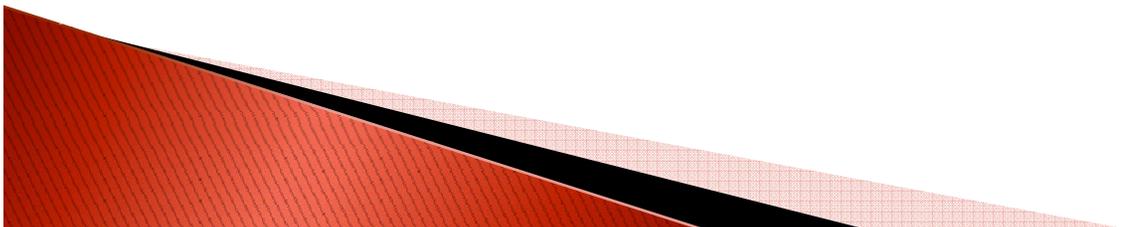
Packages

The New WIC Food Package

Special Needs Food Packages

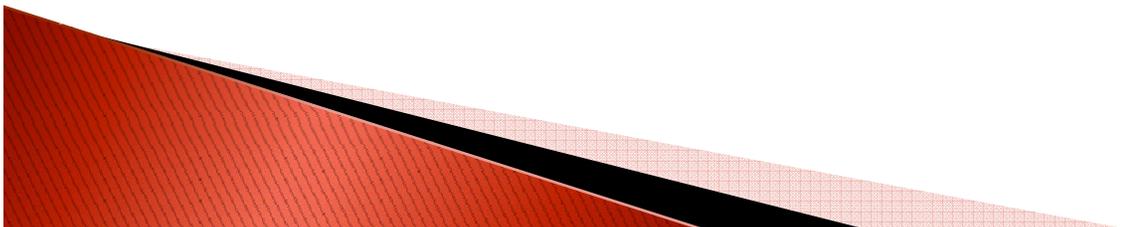
Special Needs Food Packages

- ▶ Food Package III has been designated as the Special Needs Food Package
- ▶ Any infant receiving an exempt–special formula will receive Food Package III
- ▶ Any child or woman receiving a standard contract formula or an exempt–special formula will receive Food Package III



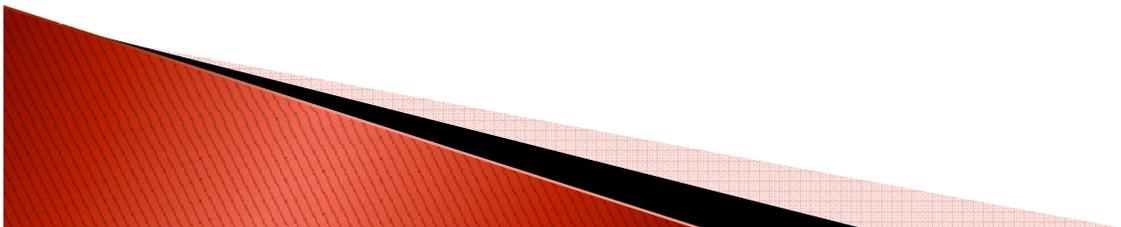
Food Package III

- ▶ Food Package III allows supplemental foods to be issued in addition to formula
- ▶ Health care professional determines foods to be issued, not CPA
- ▶ CPA ensures prescription is entered correctly and all necessary tailoring is complete before check printing and issuance



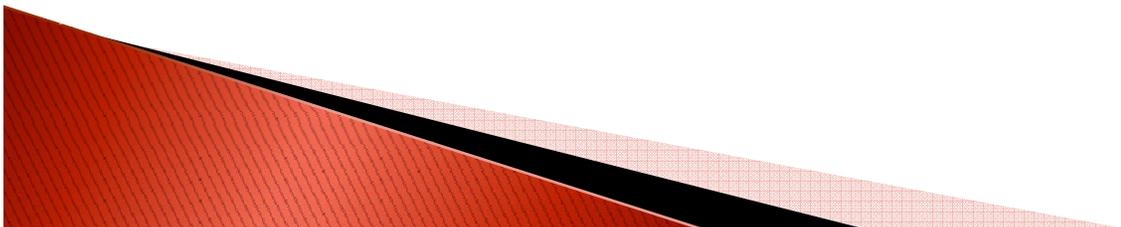
Food Package III--Infants

- ▶ Formula and food amounts for infants receiving Food Package III are the same as for infants receiving Food Package I and II. The difference is the formula being issued.
 - Exempt-special formula is issued to infants in Food Package III
 - Standard contract formula is issued to infants in Food Package I and II



Food Package III--Infants

- ▶ If an infant is 6 months of age or older and receives Food Package III, they may decline the complementary foods (infant fruits, vegetables, and cereal) in order to receive extra formula equivalent to the amount of formula for a 4-5 month old infant.



Food Package III--Children

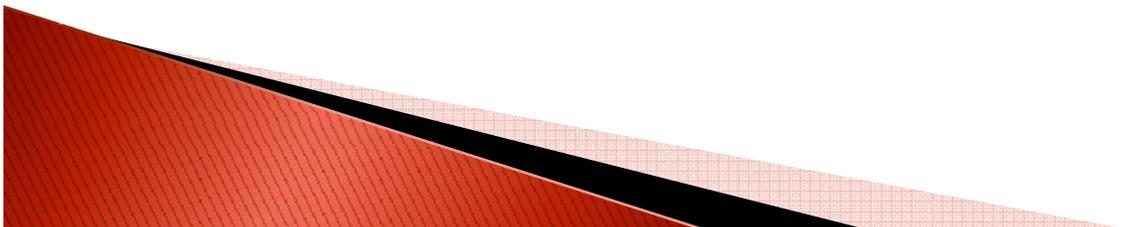
▶ 1 to 2 years

- 455 fluid ounces concentrate formula or powder/RTU equivalent
 - 2 -64 ounces containers juice
 - 3 gallons whole milk
 - 1 quart whole milk
 - 36 ounces cereal
 - 1 pound cheese
 - 1 dozen eggs
 - 2 pounds whole grains
 - 1 pound dry beans or 64 ounces canned beans
 - \$6.00 cash value benefit for fruits and vegetables
- 

Food Package III--Children

▶ 3 to 4 years

- 455 fluid ounces concentrate formula or powder/RTU equivalent
- 2 -64 ounces containers juice
- 3 gallons reduced fat, low-fat, or skim milk
- 1 quart reduced fat, low-fat, or skim milk
- 36 ounces cereal
- 1 pound cheese
- 1 dozen eggs
- 2 pounds whole grains
- 1 pound dry beans or 64 ounces canned beans
- \$6.00 cash value benefit for fruits and vegetables



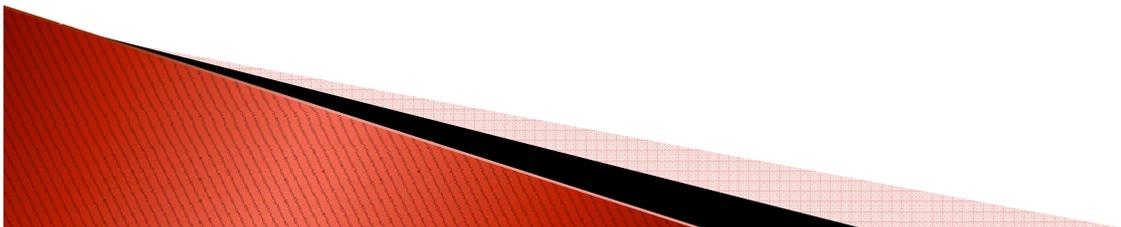
Food Package III--Women

- ▶ **Pregnant and partially breastfeeding up to 1 year postpartum**
 - 455 fluid ounces concentrate formula or powder/RTU equivalent
 - 4 containers juice
 - 4 gallons reduced fat, low-fat, or skim milk
 - 1 half gallon reduced fat, low-fat, or skim milk
 - 1 quart reduced fat, low-fat, or skim milk
 - 36 ounces cereal
 - 1 pound cheese
 - 1 dozen eggs
 - 1 pound whole grains
 - 1 pound dry beans or 64 ounces canned beans
 - 18 ounces peanut butter
 - \$8.00 cash value benefit for fruits and vegetables



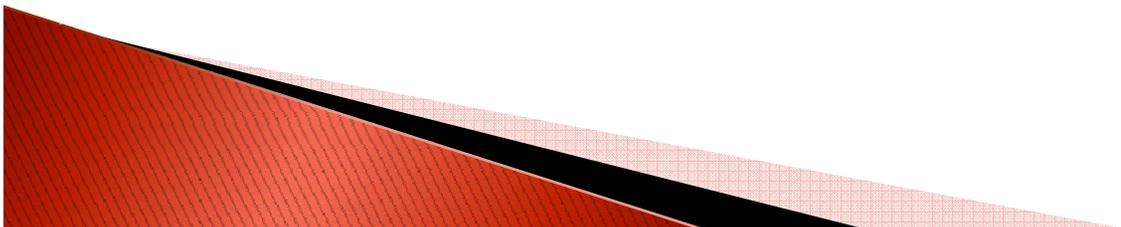
Food Package III--Women

- ▶ **Postpartum up to 6 months postpartum**
 - 455 fluid ounces concentrate formula or powder/RTU equivalent
 - 2 containers juice
 - 3 gallons reduced fat, low-fat, or skim milk
 - 1 quart reduced fat, low-fat, or skim milk
 - 36 ounces cereal
 - 1 pound cheese
 - 1 dozen eggs
 - 1 pound dry beans or 64 ounces canned beans
 - \$8.00 cash value benefit for fruits and vegetables



Food Package III--Women

- ▶ **Fully breastfeeding up to 1 year postpartum**
 - 455 fluid ounces concentrate formula or powder/RTU equivalent
 - 4 containers juice
 - 5 gallons reduced fat, low-fat, skim milk
 - 1 quart reduced fat, low-fat, skim milk
 - 36 ounces cereal
 - 2 pounds cheese
 - 2 dozen eggs
 - 1 pound whole grains
 - 30 ounces canned fish (tuna, salmon, or sardines)
 - 1 pound dry beans or 64 ounces canned beans
 - 18 ounces peanut butter
 - \$10.00 cash value benefit for fruits and vegetables



Requirements

- ▶ Medical documentation by a health care professional licensed to write medical prescriptions under State law is required to issue Food Package III

DPS # 80080000
L. E. PHANT, D.O. DEA # 6M4800060
TRIPPLICATE PRESCRIPTION MSC 0439
P O BOX 4087
AUSTIN, TX 78773
CTRL# 030271823300

Name _____
Address _____
Age or DOR _____
Date _____

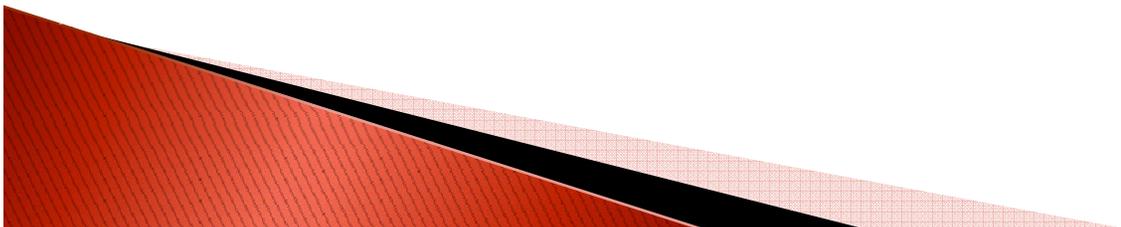
SECURITY FEATURES ON BACK
MUST BE FILLED WITHIN 7 DAYS

R

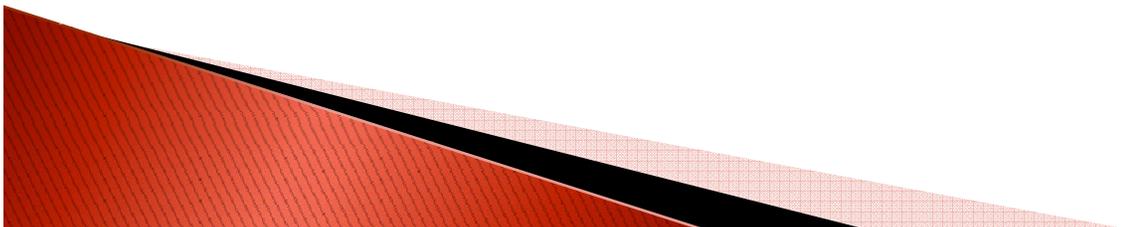
Practitioner Signature - Includes a "Special Medical Necessity"
Pharmacist Signature
Date Filled

Technical Requirements for Medical Documentation

- ▶ Medical documentation must include:
 - Name of formula
 - Amount of formula needed per day
 - Authorized supplemental foods
 - Prescribed amount of authorized supplemental foods
 - Length of time formula and supplemental foods are required
 - Qualifying medical condition
 - Signature, date, and contact information of prescribing health professional

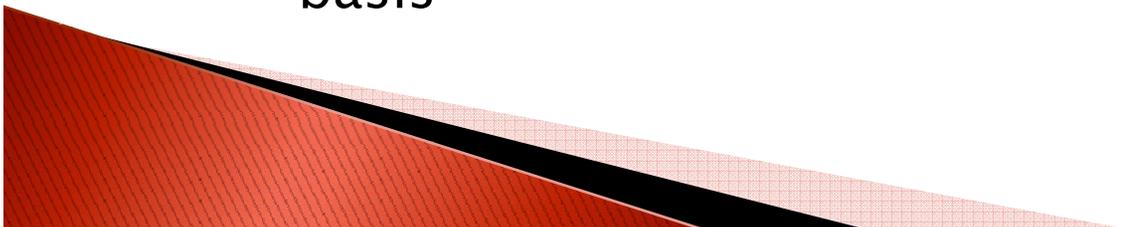


- ▶ If the prescription is written by an Advanced Practice Nurse (APN), they must include their prescriptive authority number on the prescription or the WIC-51.

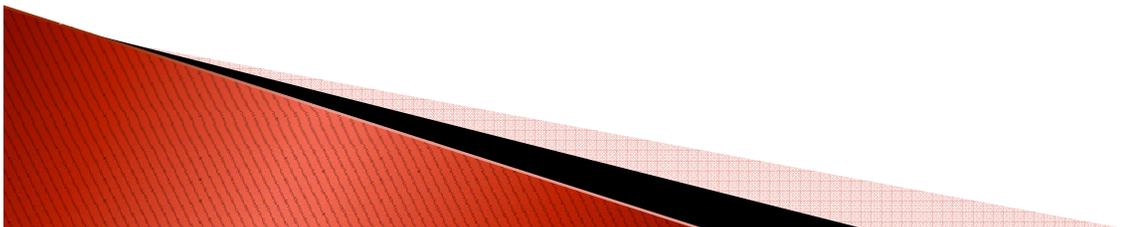


Medical Documentation

- ▶ Documentation must be written and be provided as:
 - Original written document (prescription or WIC-51)
 - Facsimile (FAX)
 - Telephone call to a CPA until written confirmation is received
 - Information obtained by CPA from telephone call must be documented as such and written confirmation must be received within 1 week
 - Information by phone should only be taken when absolutely necessary and on an individual participant basis

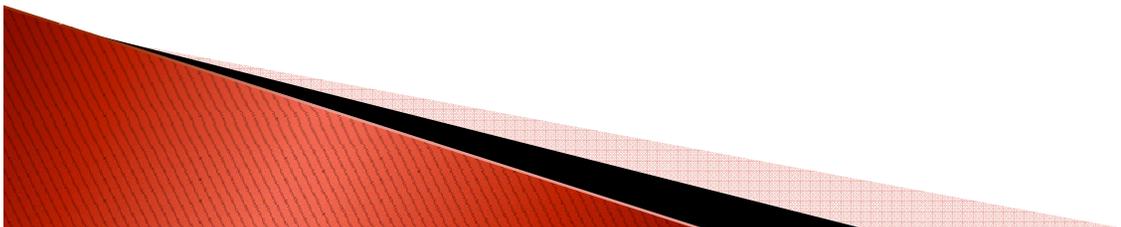


Medical documentation must be scanned into the participant's folder upon receipt and approval



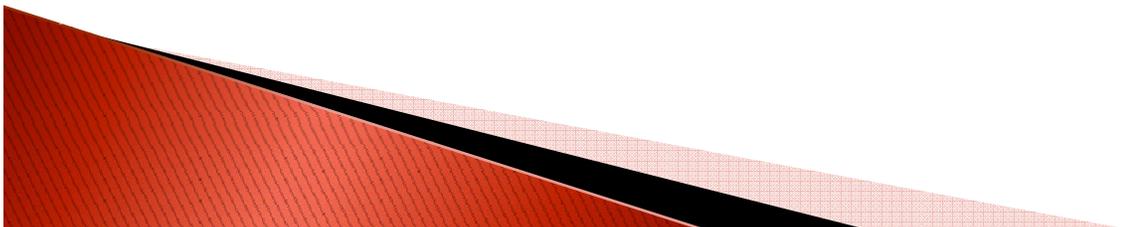
What is Not Allowed?

- ▶ Food Package III is not authorized for:
 - Infants whose only condition is
 - Diagnosed formula intolerance or food allergy to lactose, sucrose, milk protein or soy protein that does not require the use of an exempt–special formula
 - Example: An infant who has a diagnosis of milk allergy but is managed on a standard soy formula would not receive Food Package III
 - A non–specific formula or food intolerance



What is Not Allowed?

- ▶ Food Package III is not authorized for:
 - Women and children who have a food intolerance to lactose or milk protein that can be successfully managed with the use of one of the other WIC food packages
 - Example: A woman with lactose intolerance that can manage with a lactose free milk such as Lactaid that can be given on Food Package V, VI or VII would not be eligible for Food Package III



What is Not Allowed?

- ▶ Food Package III is not allowed for:
 - Any participant solely for the purpose of enhancing nutrient intake or managing body weight without an underlying qualifying medical condition
 - Example: If a child presents with a prescription for PediaSure for weight gain, but no qualifying medical condition is documented, he/she would not qualify for Food Package III
 - If the prescription would have said PediaSure for weight gain due to FTT, then Food Package III would be allowed

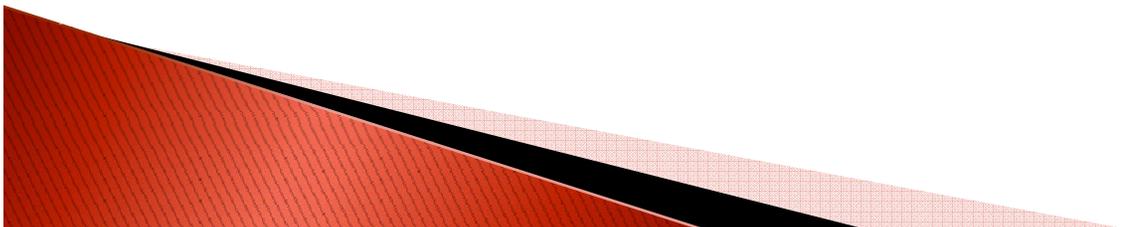


Qualifying Medical Conditions

- ▶ Qualifying medical conditions include but are not limited to:
 - Premature birth
 - Low birth weight
 - Failure to thrive (FTT)
 - Inborn errors of metabolism and metabolic disorders
 - Gastrointestinal disorders

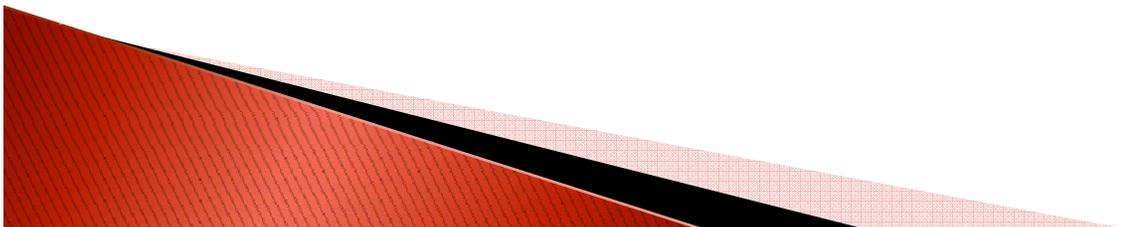


- Malabsorption syndromes
- Severe food allergies that require elemental formula
- Immune system disorders
- Life threatening disorders
- Diseases and medical conditions that impair ingestion, digestion, absorption or the utilization of nutrients that could adversely affect the participant's nutrition status



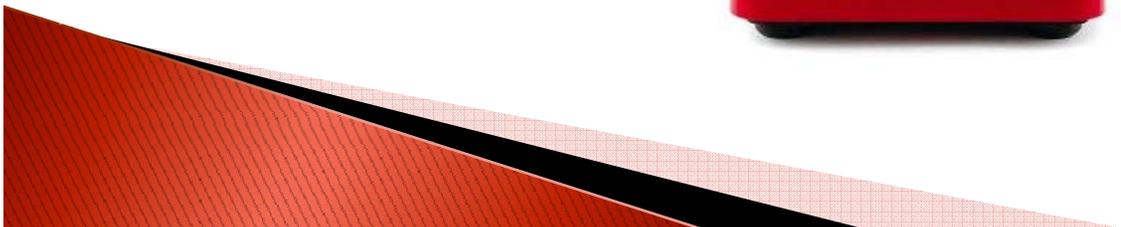
Issuance of RTU in Food Package III

- ▶ ONLY for Food Package III, RTU can be issued for the following conditions:
 - Unsanitary or restricted water supply
 - Poor refrigeration
 - Difficulty in correctly diluting concentrate or powder forms
 - Formula is only available in RTU
 - RTU form better accommodates the participant's condition
 - Improved compliance in consumption by participant



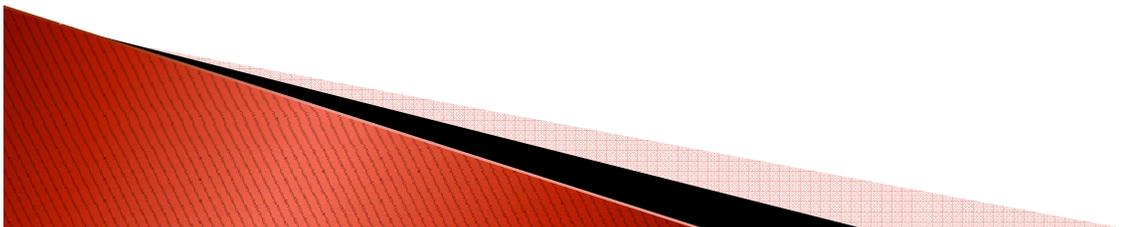
If in Doubt

If in doubt if Food Package III is appropriate, please contact your Regional Nutrition Coordinator or the State Office Nutrition Staff for clarification.



Scenario I

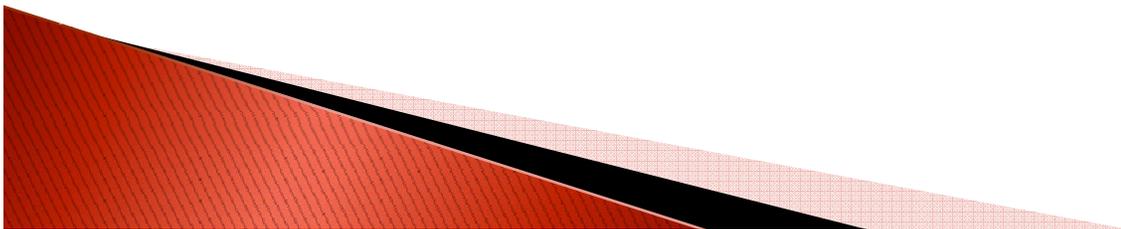
- ▶ Mom comes to the clinic with a prescription for Nutramigen for her fully formula fed 6 month old infant.
 - A. What food package will this infant receive?
 - B. What other supplemental foods can this infant receive?
 - C. What medical documentation is required for this participant?



Answers:

- A. Food Package III for a fully formula fed infant age 6 through 11 months
- B. This infant will qualify for 24 ounces of infant cereal and 128 ounces (32—4 oz jars) of infant fruits and vegetables if approved by the medical provider
- C. Mom brought in written documentation in the form of a prescription, so the prescription needs to contain the name of the formula, the amount of the formula needed per day, the diagnosis, the duration of the prescription, the supplemental foods that are allowed and the amount, and the health care providers signature, date, and contact information

- ▶ What if the prescription did not have any information regarding supplemental foods?
What would the CPA need to do?



Answer:

The CPA must call the health care provider to determine if supplemental foods can be received and the amount that is appropriate.

WIC must provide the full nutritional benefit to participants every month, unless it is medically documented otherwise.

- ▶ What if the CPA takes a verbal order for the supplemental foods?

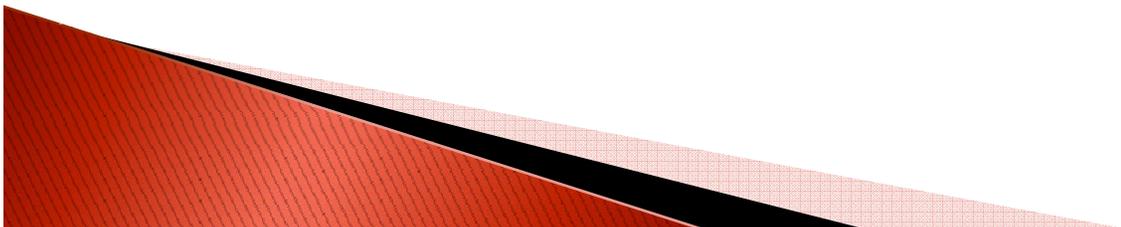


Answer:

CPAs may take a verbal order from a health care provider, however, written documentation must be received within one week and the written documentation must be scanned into the participant's folder.

Scenario 2

- ▶ A participant presents with a WIC-51 for Enfamil AR for her 3 month old infant.
 - A. What food package will this infant receive?
 - B. What other supplemental foods can this infant receive?
 - C. What medical documentation is required for this participant?



Answers:

- A. Food Package I for a fully formula fed infant age Birth through 3 months. Even though the health care provider wrote a prescription, Enfamil AR does not require a prescription, so they would not be placed on Food Package III.
- B. This infant will qualify for 24 ounces of infant cereal and 128 ounces (32—4 oz jars) of infant fruits and vegetables.
- C. None.

- ▶ What if the formula had still been for Enfamil AR, but the doctor used the WIC-51 to indicate no cereal or infant foods. What food package would this infant receive?

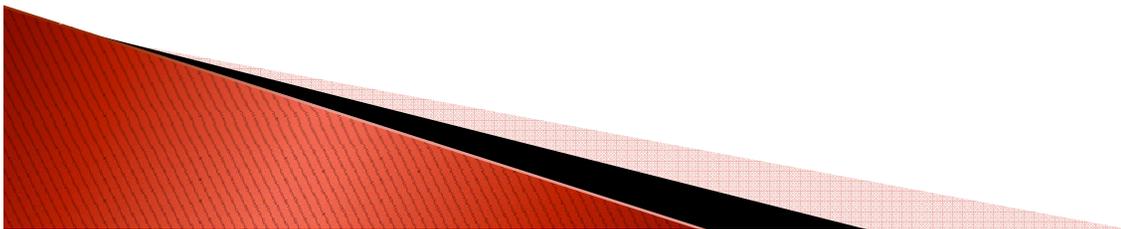


Answer:

This infant would still receive Food Package I, since Food Package I can be tailored not to provide cereal and infant foods. Even though there were restrictions on the supplemental foods and a WIC-51 completed, an exempt-special formula was not issued making this participant ineligible for Food Package III.

Scenario 3

- ▶ A 7 month old infant receiving Food Package III has come to the clinic with an appropriate prescription. The doctor wants no foods for this infant. How much formula can this infant be issued from WIC?

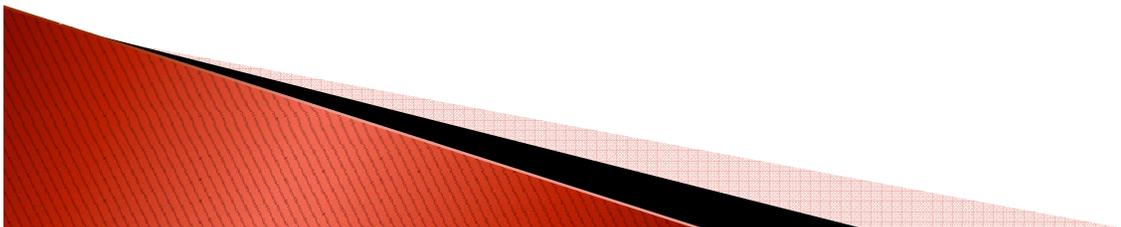


- ▶ Since this infant is on Food Package III and is not receiving complementary foods, this infant qualifies to receive extra formula not to exceed the amount of a fully formula fed 4 to 5 month old.

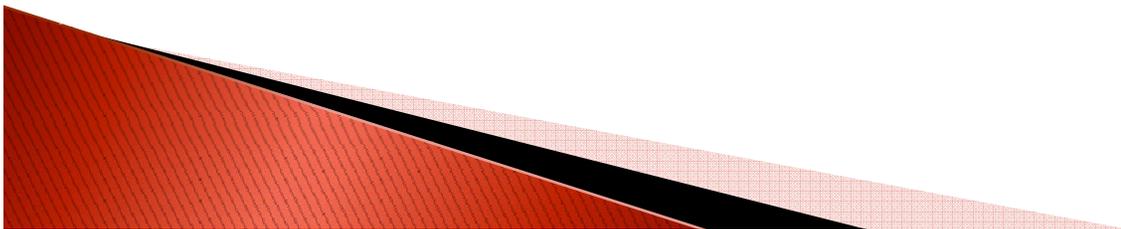
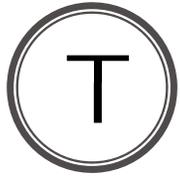
Quiz—Question 1

- ▶ Medical documentation is required to receive Food Package III?

True or False?



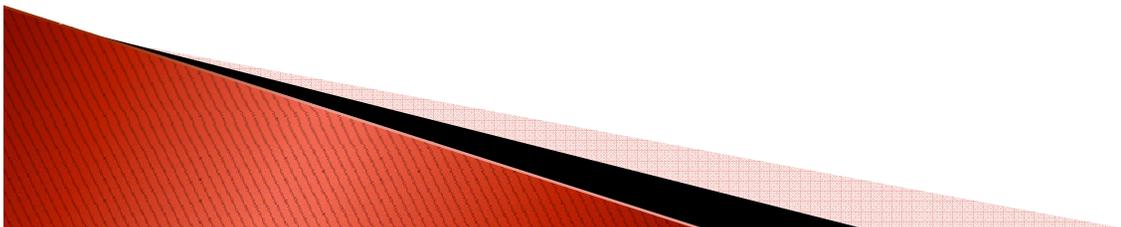
Question 1



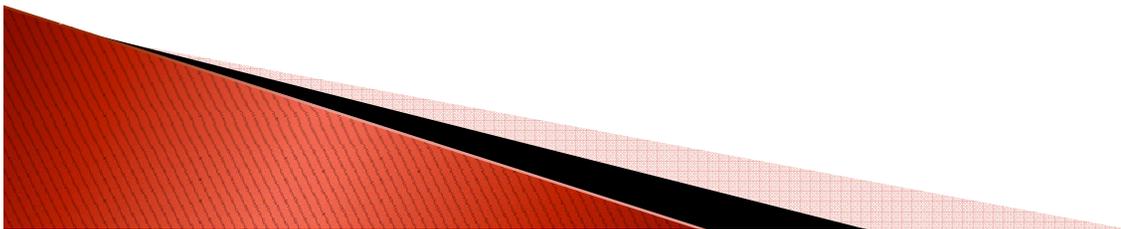
Question 2

- ▶ Medical documentation must include the amount of formula needed per day?

True or False?



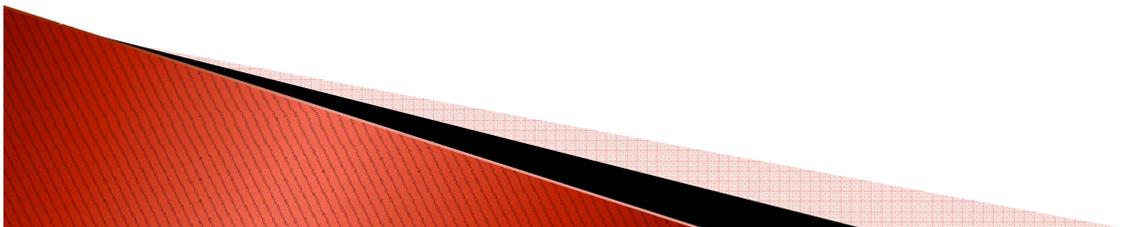
Question 2



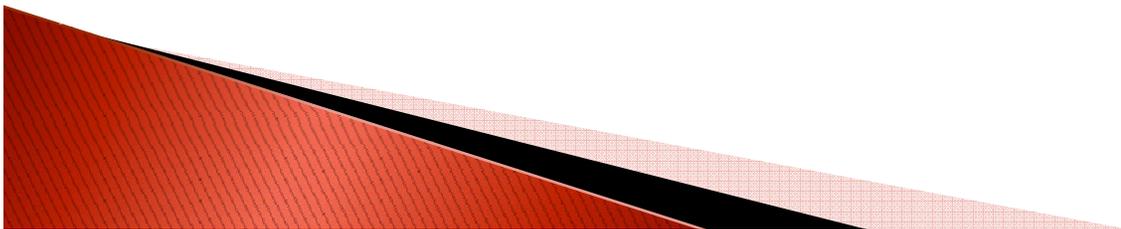
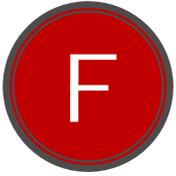
Question 3

- ▶ Only infants qualify for Food Package III?

True or False?



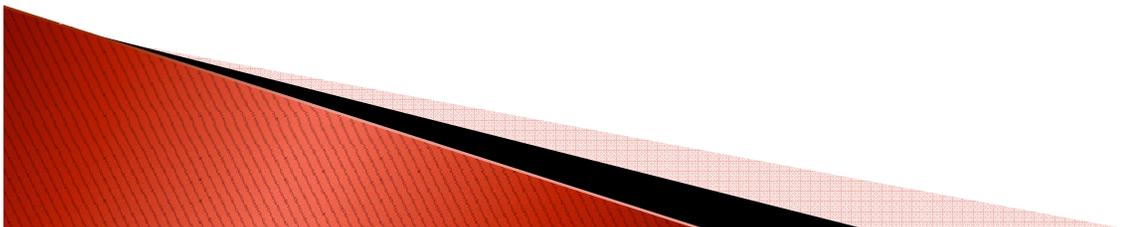
Question 3



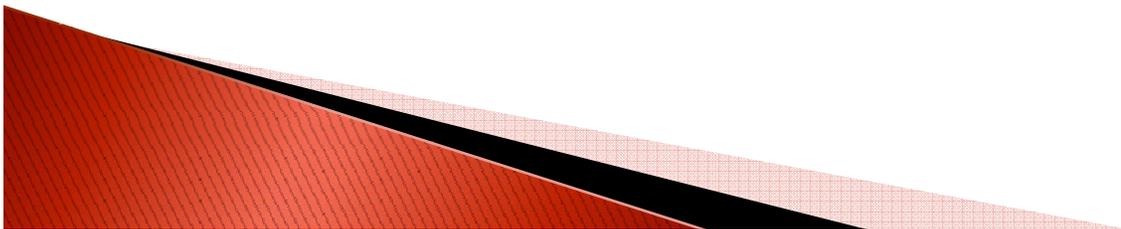
Question 4

- ▶ In order for a woman or child to receive Food Package III, they must receive formula.

True or False?



Question 4



With the new food packages, WIC can better serve our medically fragile clients through an improved selection of options. By offering both formula and a possible full food package, benefits to these participants can act synergistically to improve their health outcomes.

